

# WCTTCA and SCCA Open 30m Time Trial Incorporating WCTTCA Round 4 of 12 and SCCA Round 5 of 17 Sunday May 14th 2023, Time of Start 8:00am

Promoted for and on behalf of Cycling Time Trials under their Regulations

### **Timekeepers**

Kate Wooder, Dom McGinnis

### Event H.Q.

Ellerdine Village Hall, Cliff Crescent, Ellerdine. TF6 6QT

NOTE- Competitor parking is in the adjacent sports field. Marshals and event organisers only in the main car park please.

Number collection and sign on/off from 7am onwards.

### **Course Description D30/11**

START at T-junction of unclassified road to Ellerdine & Rowton on A442 ½ mile north of Waters Upton. 0.00 miles Proceed north on A442 to Espley island. 5.15 miles Turn right taking 3rd exit and proceed north east on A53 to Tern Hill island. 8.48 miles Go straight over, taking 2nd exit to continue along A53 to Muller island. 9.68 miles Go straight over, taking 1st exit to continue along A53 to Drayton Meadows island. 11.43 miles. Go straight over, taking 1st exit along A53 to Market Drayton island. 12.72 miles. Encircle island taking 4th exit and retrace along A53 to Drayton Meadows island 13.68 miles Go straight over and continue on A53 to Muller island. 14.38 miles Go straight over taking 2nd exit t along A53 to Tern Hill island and continue along A53 to Espley island. 17.71 miles Turn left, taking 1st exit and proceed south along A442 to Shawbirch island. 27.10 miles. Encircle island, taking 4th exit and proceed north on A442 to FINISH at blue paint mark on bridge over brook at Sleap approx. 0.2 miles before Crudgington crossroads. 30.00 miles.

There will be no "pusher-off" at the start for this event.



### **IMPORTANT INSTRUCTIONS TO ALL COMPETITORS**

# <u>Please note CTT regulations requiring a working front as well as rear light and the compulsory use of helmets for all competitors:</u>

In accordance with Regulation 14(i) No competitor shall be permitted to start unless such competitor has affixed to the rear of their machine **a working rear red light, either flashing or constant**, that is illuminated and in a position that is clearly visible to other road users.

In accordance with Regulation 14(j) No competitor shall be permitted to start unless such competitor has affixed to the front of their machine **a working front white light**, **either flashing or constant**, that is illuminated and in a position that is clearly visible to other road users

In accordance with Regulation 15 - <u>All competitors</u> must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard.

There will be a separate start line official checking compliance with the regulations. Any competitor not in compliance will not be allowed to start.

# AT NO TIME SHOULD RIDERS PERFORM U-TURNS IN THE ROAD

# PLEASE KEEP YOUR HEAD UP AT ALL TIMES

**Tern Hill Roundabout.** Local District Regulations require riders to negotiate this RAB in a safe and sensible manner in accordance with CTT Reg. 20 and the rules of the road. Riders must be able to brake and stop at the island if traffic conditions require this. **Riders must not use their tri-bars/extensions between the first bollard they pass on entering the island and the last bollard they pass on leaving it. Any rider seen to be in breach of this regulation will be disqualified and may be reported for further disciplinary action.** 

### **Road Bike Category Rules**

For those who entered as road bike category - The CTT road bike category has a consistent and simple set of rules nationwide:

- The road bike can possess drop or straight handlebars
- · No tri-bars, clip-on bars or Spinacci bars are allowed
- No disc wheels
- Both front & rear wheels must have at least 12 spokes each
- The maximum rim depth allowed is 90mm



## **Awards**

Overall: 1st £25, 2nd £20, 3rd £15, 4<sup>th</sup> £13

Ladies: 1st £25, 2nd £20

Veteran on standard: 1st £20, 2nd £15, 3rd £13, 4<sup>th</sup> £12

Juniors/Juvenile: 1st £20

Team, Fastest 3: £12 each

All the above prizes - one prize only per rider except for the team prize.

# **WCTTCA Championship Awards**

Fastest WCTTCA rider Trophy + £20.00

Fastest WCTTCA lady Medal + £20.00

Best WCTTCA Vet on Standard Medal + £20.00

Fastest WCTTCA Junior/Juvenile Medal + £20.00

Fastest WCTTCA team Trophy + medals + £12.00 per rider